

San Diego
WOMEN'S WEEK
April 19 - 24, 2010

Presented by
SONY

December 16, 2009

For Immediate Release

The San Diego North Chamber of Commerce
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**First Annual San Diego Women's Week
To Showcase Strong Lineup of Speakers**

The first annual San Diego Women's week will take place this April, giving San Diego Women an opportunity to hear inspirational speakers, participate in forward looking forums, and empower themselves.

The San Diego North Chamber of Commerce and Sony are proud to host the weeklong event, taking place April 19- 24, 2010.

"San Diego Women's Week will be a premier gathering of thousands of women from across all communities, organizations and industries. The week is designed to inspire, empower, and connect woman leaders, executives, professionals, and young entrepreneurs from around the region," said SDNCC President and CEO, Debra Rosen.

Each evening will showcase inspiring speakers, exhibitors, unique shopping and forums for networking and education. Topics for the week will consist of health, fitness, financial, legal, retail, fashion, business, the arts and entrepreneurship. There will also be a luncheon on Saturday.

Some of the speakers that have committed to speak are listed below.

"This week will be a celebration of the thousands of hard working women in San Diego who make this region so great," continued Rosen. "We encourage every woman in San Diego to attend."

To ensure that each night is special, the San Diego North Chamber of Commerce will allow 50 San Diego Exhibitors to showcase themselves and their businesses.

To learn more about San Diego Women's Week, visit www.sdwomensweek.com or call 858-487-1767

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PRESS RELEASE

Committed Speakers for 2010 San Diego Women's Week
(More To Announce)

Kim Moses, Executive Producer, Prime Time Ghost Whisperer (Breaking All the Rules and Achieving Success)

Jill Leiber Steeg, First Woman in the History of Sports Illustrated to Cover Professional Sports. Broke Pete Rose Gambling Story (There's a Woman in the Locker Room!)

Ingrid Croce, Owner Croce's Restaurant and Jazz Bar (Successful Entrepreneurship)

Tina Mickelson, Tina Mickelson Golf (The Game of Golf and Fitness)

Dr. Anthony Frank Smith, The Taboos of Leadership (Why Women Make Better Leaders)

Dr. Nick Yphantides, My Big Fat Greek Diet (Leading Positive Change in Your Life)

Midge Costanza, Former US Presidential Advisor (Challenges Women Face)

Carol LeBeau, Former Anchor and Health Reporter (The Wrong Way to Good Health)

Dr. Alicia Gwynn, Tony and Alicia Gwynn Foundation (Teaching Our Children To Give Back To The Community)

Mimi Kirk, PETA's Sexiest Female Vegan (Healthy Eating and Going Raw)

Karin Winner, Editor of Union-Tribune (Women and Media)

Charlene Zettel, Governors Office (Women in Politics)

Marti Emerald, Former News Reporter, Councilwoman (Making the Big Career Change)

Jan Jackson, Assoc. Vice President and Dean Cal State San Marcos (When Women Lead: Challenges, Tradeoffs, and Rewards)

Emma Ransom, Ford Model (Pursuing A Young Girls Dream)

Mary Cunningham, Pres/CEO USA Federal Credit Union (Why Women Make Great Bankers)

Lauren Elaine, Professional Actress, Model and Designer (Reaching For Your Dreams)

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San Diego Women's Week is an event, taking place April 19-24 2010 that will host thousands of San Diego Women. The week will provide inspirational speakers, forward-looking forums, and unique opportunities for the region's women .